







Disclaimer

This surgical technique is exclusively intended for medical professionals, especially physicians, and therefore may not be regarded as a source of information for non-medical persons. The description of this surgical technique does not constitute medical advice or medical recommendations nor does it convey any diagnostic or therapeutic information on individual cases. Therefore, the attending physician is fully responsible for providing medical advice to the patient and obtaining the informed consent of the patient which this surgical technique does not supersede.

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Introduction



The system LOQTEQ® Proximal Tibia Plates 4.5 comprises bone plates and screws for application at the proximal tibia as well as the necessary accessories for insertion. The flexibility of the system allows for safe reduction and stable fixation of various fracture patterns with respect to the indications mentioned in this technical guide. The design features of the implants in combination with standard surgical techniques and proven stability result in reliable constructs to support the bone during the healing process and allow for early mobilization of the patient.

Material

The LOQTEQ® implants and instruments are manufactured using high-quality materials, which have been proven to be successful in medical technology for decades. The anatomical plates and bone screws are made of titanium alloy. All materials employed comply with national and international standards. They are characterized by good biocompatibility, a high degree of safety against allergic reactions and good mechanical properties. LOQTEQ® implants show an excellent, highly polished surface.

Intended Use

The plate and screw implants of the LOQTEQ® Proximal Tibia Plates 4.5 system are intended for the temporary fixation, correction or stabilization of the proximal tibia. The implants are intended for single use in human bone.

Indications/Contraindications

Indications for Use

LOQTEQ® Proximal Lateral Tibia Plate 4.5

- · Non-unions, mal-unions and fractures of the proximal tibia, including
 - simple fractures
 - o comminuted fractures
 - lateral split fractures
 - medial split depression fractures
 - bicondylar fractures
 - o combination of lateral split fractures and depression
 - o and fractures with associated shaft fractures

Absolute Contraindications

- Infection or inflammation (local or systemic)
- Allergies to the implant material
- Acute or chronic osteomyelitis at or close to the surgical field
- Unacceptably high anesthesia risk
- Severe soft tissue swelling compromising normal wound healing
- Insufficient soft tissue coverage
- Fractures in children and adolescents with epiphyseal plates that are not yet ossified

Caution

aap products are not approved for the spine.

Detailed information on indications, contraindications and a complete list of adverse effects is included in the instructions for use.

Processing (Sterilization & Cleaning)

ααp markets unsterilized products which are appropriately labeled and must be appropriately processed before use (see Instructions for Use, chapter "Processing of products").

Never use damaged implants or implants from damaged packaging.

MRI Safety Information

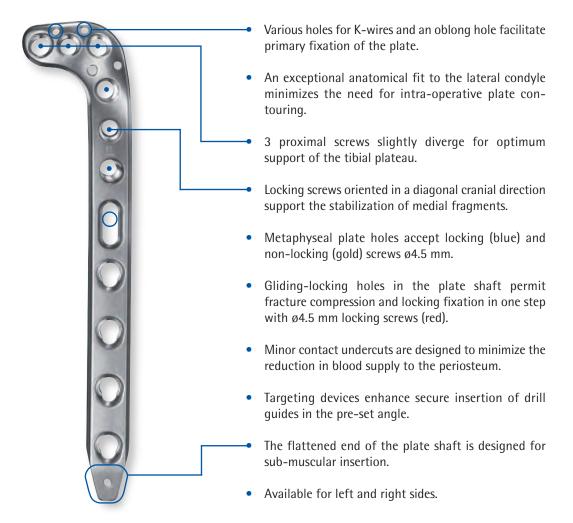
Non-clinical testing has demonstrated that the LOQTEQ® Proximal Tibia Plates 4.5 system is MR Conditional. Further information is included in the Instructions for Use that are enclosed with the products.







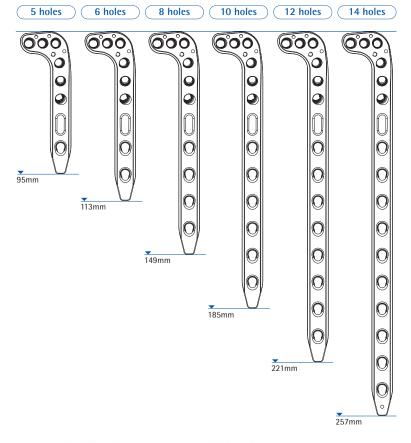
Features & Benefits





Preoperative planning

- Evaluate the fracture situation and select the appropriate plate size and position with an X-ray. Consider the use of independent lag screws, if necessary.
- Preoperatively assess the fracture situation using CT imaging where necessary.



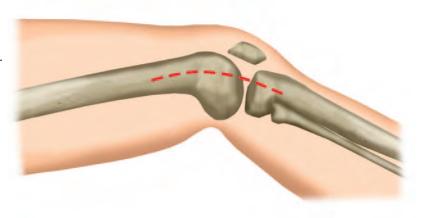
Patient positioning

 Place the patient in the supine position on a radiolucent operating table. Visualization of the proximal tibia under fluoroscopy in both AP and lateral views is necessary.



Approach

Lateral, according to the fracture situation.







Preparing the plate



INSTRUMENTS	ARTNO.
Aiming device LOQTEQ® PLT Plate 4.5, R	IU 8173-01
Aiming device LOQTEQ® PLT Plate 4.5, L	IU 8173-02
Fixing screw aiming device LOQTEQ® LFI, T25	IU 8176-04
Screwdriver Duo, T25, quick coupling	IU 7835-56
Large handle, cannulated, quick coupling	IU 7706-00

- Select the plate that fits the fracture pattern and patient's anatomy.
- Position the aiming device on the plate and secure it with the fixing screw to facilitate correct alignment of the drill guides.

◆ Note:

The fixing screw is connected to the aiming device in such a way that it is self-retaining. It can be removed for cleaning by applying gentle pressure to the tip of the screw from below.

♦ Note:

Anatomically pre-contoured plates minimize the need for intraoperative bending. If necessary, the plates may be contoured.

CAUTION:

Contouring the metaphyseal part of a plate is not permitted when using a targeting device.

CAUTION:

Anatomically preformed plates should not be bent where possible. If plates are adapted to anatomical bone structures, the implants should not be bent back and forth repeatedly and excessively as this may result in implant failure. Damage caused by sharp edges should be avoided when bending. Locking plates should in principle be bent in the area between the holes only. Bending plates along locking holes may impair or even abolish their function completely. If angular stability is compromised by bending, a non-locking screw should be used.

Reduction and primary fixation



INSTRUMENTS K-wire with trocar point, ø2.0, L 250 ART.-NO. NK 0020-25

- Reduce and temporarily secure fracture fragments and the articular surface. Care must be taken when positioning K-wires or independent lag screws, that they do not interfere with the later plate position.
- External fixation may help with axial, angular and rotational control intraoperatively.
- Confirm anatomic reduction using fluoroscopy.
- Insert the plate from proximal to disal until the head portion is properly aligned under the tibial plateau. The plate is fixed to the bone with K-wires. Using a cortical screw in the oblong hole for primary fixation allows for corrections in plate positioning.
- Confirm plate position using fluoroscopy.



Insertion of cortical screws (gold)



INSTRUMENTS

Double drill guide ø3.2/4.5, with spring aided centering Twist drill ø3.2, L 195, coil 50, quick coupling Twist drill ø4.5, L 145, coil 50, quick coupling Depth gauge for screws ø4.5-6.5, up to L 100mm Screwdriver, quick coupling Handle for quick coupling, large, cannulated

IU 8117-50 IU 8117-50 IU 7432-30 IU 7432-30 IU 7445-00 IU 7445-00 IS 7905-20 IS 7905-20 IU 7835-00 IU 7835-56 IU 7706-00 IU 7706-00



♦ Note:

If a combination of locking and non-locking screws is used, non-locking screws must be inserted first.

To insert a cortical screw ø4.5 mm (gold) in the oblong hole, place
the double drill guide in the center of the oblong hole and press it
down. Drill to the desired depth with an appropriate drill. Determine
the length of the screw using the depth gauge and insert a screw of
appropriate length using the screwdriver.

♦ Note

Ensure proper alignment of the screwdriver and that the screwdriver tip is fully seated in the screw head.

- This screw can push the plate to the bone, if necessary.
- Check the plate position using fluoroscopy and adjust if required.
- Use this technique for inserting non-locking screws without compression into any other plate hole.
- When using a cortical screw as a lag screw, start with the drill for the gliding hole and the appropriate side of the double drill guide. Drill through the near cortex or perforating the fracture line, center the other side of the drill guide in the gliding hole and drill the core hole with an appropriate diameter drill through the far cortex. Determine the screw length using the depth gauge and insert a non-locking cortical screw of the appropriate length.







Insertion of locking screws (blue)



INSTRUMENTS	ARTNO.
Drill guide for round hole LOQTEQ® 4.5, I-ø3.9, blue	IU 8167-20
Reduction sleeve for K-wire ø2.0	IU 8167-15
K-wire with trocar point, ø2.0, L 250	NK 0020-25
Twist drill ø3.8, L 180, coil 50, quick coupling	IU 7438-18
Twist drill ø3.8, L 250, coil 50, quick coupling	IU 7438-25
Stop ring for depth measurement, LF	IU 8184-03
Depth gauge for screws ø4.5-6.5, up to L 100	IS 7905-20



◆ Note:

If a combination of non-locking and locking screws is used, non-locking screws must be inserted first.

- Close to a joint, it is recommended to check the position of the later inserted screws with a K-wire. Insert a drill guide (blue) with reduction sleeve into a proximal plate hole for insertion of a K-wire Ø2.0 mm and confirm later screw alignment using fluoroscopy. Adjust plate position if required. Remove K-wire and reduction sleeve for drilling.
- Drill to the desired depth using a drill ø3.8 mm (blue/red).

CAUTION:

The screwdriver duo is not intended for screwing the drill guide into the plate.

• The screw length can be read off the calibration of the drill or determined using the depth gauge, after the drill guide has been removed. The stop ring facilitates reading off the calibration when attached to the drill. Push it down to the drill guide and remove the drill for reading the drilling depth in the gap of the ring.

◆ Note:

The screwdriver duo facilitates manual removal of the drill guide.





INSTRUMENTS	ARTNO.
Screwdriver Duo, T25, quick coupling	IU 7835-56
Handle with quick coupling, with torque limiter, 3.5Nm	IU 7707-35
Large handle, cannulated, quick coupling	IU 7706-00
Large handle, cannulated, quick coupling	IU 7706-00

 Select a locking screw (blue) of the proper length. Loosely insert the screw using the screwdriver T25 manually or under power with a low speed. Stop insertion when the screw head approaches the plate surface.

◆ Note:

Ensure proper alignment of the screwdriver and that the screwdriver tip is fully seated in the screw head.

• Finish the screw manually using the screwdriver bit T25 with the torque limiting handle 3.5 Nm. Optimal locking should be achieved with an audible and tactile click of the torque limiter.

CAUTION:

As soon as the head of the screw reaches the plate hole, it is compulsory to switch to the torque limiter.

- Alternatively, insert a non-locking cortical screw ø4.5 mm (see section "Insertion of cortical screws (gold)").
- Follow these instructions to insert further screws in the metaphyseal
 plate holes, depending on the fracture pattern. Finally, confirm that
 all screw heads are flush with the plate surface. Check the result
 using fluoroscopy and adjust screw positioning or length as necessary.



Insertion of locking compression screws (red)

without compression



INSTRUMENTS ART.-NO. Drill guide for gliding hole LOQTEQ® 4.5, I-ø3.9, red IU 8167-10 IU 7438-18 Twist drill ø3.8, L 180, coil 50, quick coupling Twist drill ø3.8, L 250, coil 50, quick coupling III 7438-25 Depth gauge for screws ø4.5 - 6.5, up to L 100 IS 7905-20 Stop ring for depth measurement, LF IU 8184-03 Screwdriver Duo, T25, quick coupling IU 7835-56 Handle with quick coupling, with torque limiter, 3.5Nm IU 7707-35 Large handle, cannulated, quick coupling IU 7706-00

If a combination of non-locking and locking screws is used, non-locking screws must be inserted first.

Insert a drill guide (red) into any chosen gliding hole and drill to the desired depth using a drill ø3.8 mm (blue/red).

1 CAUTION:

The screwdriver duo is not intended for screwing the drill guide into the plate.

- The screw length can be read off the calibration of the drill or determined using the depth gauge, after the drill guide has been removed.
- The stop ring facilitates reading off the calibration when attached to the drill. Push it down to the drill guide and remove the drill for reading the drilling depth in the gap of the ring.

Note:

The screwdriver duo facilitates manual removal of the drill quide.

Select a locking screw (red) of the proper length. Loosely insert the screw using the screwdriver T25 manually or under power with a low speed. Stop insertion when the screw head approaches the plate surface.

Note:

Ensure proper alignment of the screwdriver and that the screwdriver tip is fully seated in the screw head.

Finish the screw manually using the screwdriver bit T25 with the torque limiting handle 3.5 Nm. Optimal locking should be achieved with an audible and tactile click of the torque limiter.

CAUTION:

As soon as the head of the screw reaches the plate hole, it is compulsory to switch to the torque limiter. In cases of uncommonly hard bone, it may be necessary to finish the screw without the torque limiter to ensure the screw head is flush with the plate and the screw is locked.

Alternatively, insert a non-locking cortical screw ø4.5 mm (see section "Insertion of cortical screws (gold)").





Insertion of locking compression screws (red) with compression



INSTRUMENTS	ARTNO.
Basic Insert for load drill guide LOQTEQ® 4.5	IU 8167-05
Load drill guide LOQTEQ® 4.5, compression 1 mm	IU 8167-01
Load drill guide LOQTEQ® 4.5, compression 2 mm	IU 8167-02
Twist drill ø3.8, L 180, coil 50, quick coupling	IU 7438-18
Twist drill ø3.8, L 250, coil 50, quick coupling	IU 7438-25
Depth gauge for screws Ø4.5 - 6.5, up to L 100	IS 7905-20
Screwdriver Duo, T25, quick coupling	IU 7835-56
Handle with quick coupling, with torque limiter 3.5Nm	IU 7707-35
OPTIONAL	
Load drill guide LOQTEQ® 4.5, adjustable up to 2 mm	IU 8167-03



- LOQTEQ® gliding holes allow for fracture compression with subsequent locking fixation in one step. Load drill guides enable compressing fracture gaps of up to 2 mm.
- Screw the basic insert for load drill guides into a shaft hole near the fracture line or, if necessary, above the fracture line. Choose a load drill guide in accordance with the compression distance (1mm or 2mm), slide it on the basic insert and place the drill guide in the next plate hole, away from the fracture gap. Avoid pressure on the drill

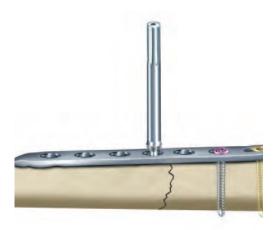
CAUTION:

The screwdriver duo is not intended for screwing the basic insert into the plate.

If available, use the adjustable load drill guide. The fracture gap serves as orientation in setting the compression distance (max. 2 mm) by turning the wheel of the load drill guide until an appropriate gap opens in the upper part of the instrument.



Care should be taken when selecting the proper compression distance (1 mm or 2 mm). Avoid overcompression to ensure full locking of the screw, especially in hard bone.









 Drill to the desired depth using a drill ø3.8 mm (blue/red) and remove the basic insert. The screw length can be read off the calibration of the drill or determined using the depth gauge, after the drill guide has been removed.

♦ Note:

The screwdriver duo facilitates manual removal of the basic insert

• Select a locking screw (red) of the proper length. Loosely insert the screw using the screwdriver T25 manually or under power with a low speed. Stop insertion when the screw head approaches the plate surface. Finish the screw manually using the screwdriver bit T25 with the torque limiting handle 3.5 Nm. Optimal locking should be achieved with an audible and tactile click of the torque limiter.

CAUTION:

As soon as the head of the screw reaches the plate hole, it is compulsory to switch to the torque limiter. In cases of uncommonly hard bone, it may be necessary to finish the screw without the torque limiter to ensure the screw head is flush with the plate and the screw is locked.

- Alternatively, insert a non-locking cortical screw (gold) as a compression screw by placing the double drill guide without pressure in an off-center position in the plate hole. For insertion of the screw, follow the instructions on page 6.
- Follow these instructions to insert further screws in the plate holes depending on the fracture pattern. Finally, confirm that all screw heads are flush with the plate surface. Check the result using fluoroscopy and adjust screw positioning or length as necessary.













INSTRUMENTS

ART.-NO. IU 7811-25

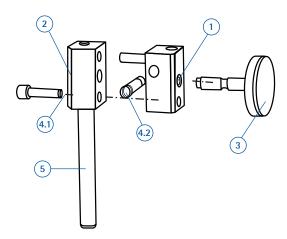
Explanation screwdriver, T25, round handle

◆ Note:

The screwdrivers T25 (IU 7835-56) in the set are self-retaining and should not be used for screw explantation.

- Use the corresponding explantation screwdriver for safe removal of a screw. Explantation screwdrivers are not self-retaining, penetrate further into the screw head and thus permit a higher torque when removing screws. They are not included in the set as standard and must be ordered separately.
- Place an incision on the old scar. Manually undo all screws and sequentially remove them. After manually unlocking all screws, removal may be performed using a power tool.

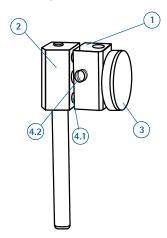
Disassembly



Adjustable load drill guide (IU 8167-03)

- Remove screws (item 4.1 and 4.2) using a hexagonal screwdriver 2.5
- Unscrew the set screw (item 3)
- Pull the compression block apart (items 1 and 2)

Assembly



- Fit together the compression block (items 1 and 2)
- Insert the set screw (item 3) into the compression block, middle hole
- Insert the retaining screws (items 4.1 and 4.2) using a hexagonal screwdriver 2.5





L	OQTEQ® Proximal	Lateral Tibia Plate 4	1.5
HOLES	LENGTH (mm)	LEFT	RIGHT
3/5	95	PA 4532-05-2	PA 4531-05-2
3/6	113	PA 4532-06-2	PA 4531-06-2
3/8	149	PA 4532-08-2	PA 4531-08-2
3/10	185	PA 4532-10-2	PA 4531-10-2
3/12	221	PA 4532-12-2	PA 4531-12-2
3/14	257	PA 4532-14-2	PA 4531-14-2



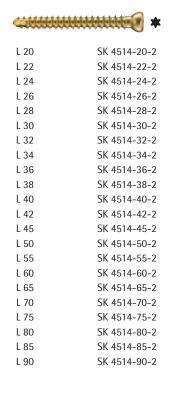
LOQTEQ® Cortical Screw 4.5, T25, self-tapping

........ L 14 SK 4525-14-2 L 16 SK 4525-16-2 SK 4525-18-2 L 18 SK 4525-20-2 L 20 L 22 SK 4525-22-2 L 24 SK 4525-24-2 L 26 SK 4525-26-2 L 28 SK 4525-28-2 L 30 SK 4525-30-2 L 32 SK 4525-32-2 L 34 SK 4525-34-2 L 36 SK 4525-36-2 SK 4525-38-2 L 38 SK 4525-40-2 I 40 SK 4525-42-2 L 42 SK 4525-45-2 L 45 L 50 SK 4525-50-2 SK 4525-55-2 L 55 L 60 SK 4525-60-2 L 65 SK 4525-65-2 L 70 SK 4525-70-2 L 75 SK 4525-75-2 L 80 SK 4525-80-2 L 85 SK 4525-85-2 L 90 SK 4525-90-2

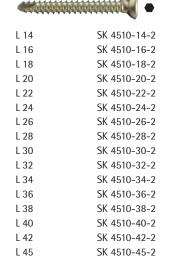
LOQTEQ® Cortical Screw 4.5, small head, T25, self tapping

42,000	*
L 14	SK 4526-14-2
L 14 L 16	SK 4526-16-2
L 18	SK 4526-16-2 SK 4526-18-2
L 10	SK 4526-16-2 SK 4526-20-2
L 20 L 22	SK 4526-20-2 SK 4526-22-2
L 22	SK 4526-22-2 SK 4526-24-2
L 24 L 26	SK 4526-24-2 SK 4526-26-2
L 28	SK 4526-26-2 SK 4526-28-2
L 20 L 30	SK 4526-28-2
L 30	SK 4526-30-2
L 32	SK 4526-34-2
L 34 L 36	SK 4526-36-2
L 38	SK 4526-38-2
L 30	SK 4526-40-2
L 40 L 42	SK 4526-40-2
L 42	SK 4526-45-2
L 43	SK 4526-50-2
L 55	SK 4526-55-2
L 60	SK 4526-60-2
L 65	SK 4526-65-2
L 70	SK 4526-70-2
L 75	SK 4526-75-2
L 80	SK 4526-80-2
L 85	SK 4526-85-2
L 90	SK 4526-90-2

Cortical Screw 4.5, T25, self-tapping



Cortical Screw 4.5, self-tapping*



1.50

L 55

L 60

L 65 L 70

Cortical Screw 4.5, small head, self-tapping*

Additional	• ©000000000
L 14	SK 4512-14-2
L 16	SK 4512-16-2
L 18	SK 4512-18-2
L 20	SK 4512-20-2
L 22	SK 4512-22-2
L 24	SK 4512-24-2
L 26	SK 4512-26-2
L 28	SK 4512-28-2
L 30	SK 4512-30-2
L 32	SK 4512-32-2
L 34	SK 4512-34-2
L 36	SK 4512-36-2
L 38	SK 4512-38-2
L 40	SK 4512-40-2
L 42	SK 4512-42-2
L 45	SK 4512-45-2
L 50	SK 4512-50-2
L 55	SK 4512-55-2
L 60	SK 4512-60-2
L 65	SK 4512-65-2
L 70	SK 4512-70-2
L 75	SK 4512-75-2
L 80	SK 4512-80-2
L 85	SK 4512-85-2
L 90	SK 4512-90-2

Washer I-ø 5.2 mm, A-ø 10.0 mm, Titan



SU 0510-00-2

* Caution:

Current tray contents do no longer include these screws. Use the part numbers on the screw racks for your order or ask your local sales agent.

SK 4510-50-2

SK 4510-55-2

SK 4510-60-2

SK 4510-65-2

SK 4510-70-2









Load drill guide LOQTEQ® 4.5, compression 1mm Load drill guide LOQTEQ® 4.5, compression 2mm Load drill guide LOQTEQ® 4.5, adjustable up to 2mm Basic insert for load drill guide LOQTEQ® 4.5 IU 8167-01 IU 8167-02 IU 8167-03 IU 8167-05



Drill guide for gliding hole LOQTEQ® 4.5, I-ø 3.9, red

IU 8167-10



Reduction sleeve for K-wire ø2.0

IU 8167-15



Drill guide for round hole LOQTEQ® 4.5, I-ø 3.9, blue

IU 8167-20

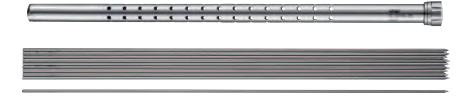


Aiming device LOQTEQ® Proximal Lateral Tibia Plate 4.5, R Aiming device LOQTEQ® Proximal Lateral Tibia Plate 4.5, L Fixing screw aiming device LOQTEQ® LFI T25 IU 8173-01 IU 8173-02 IU 8176-04



Stop ring for depth measurement, LF

IU 8184-03



Aiming device LOQTEQ® Proximal Lateral Tibia Plate 4.5, R Aiming device LOQTEQ® Proximal Lateral Tibia Plate 4.5, L

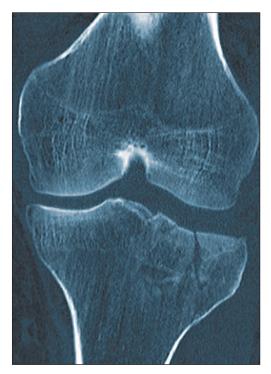
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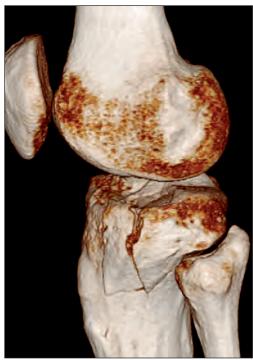




Fracture of the Proximal Lateral Tibia (AO 41-B3.2)

Preoperative





Postoperative





Clinical case and CT images with the kind permission of University Hospital Giessen and Marburg, Germany







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